



**ARE CO-SPONSORING
TO PRESENT THE**

EVIDENCE-BASED PRACTICES SYMPOSIUM

**“OUTREACH TO OUTCOME:
CONTINUUM OF PREVENTION
AND EARLY INTERVENTION SERVICES”**

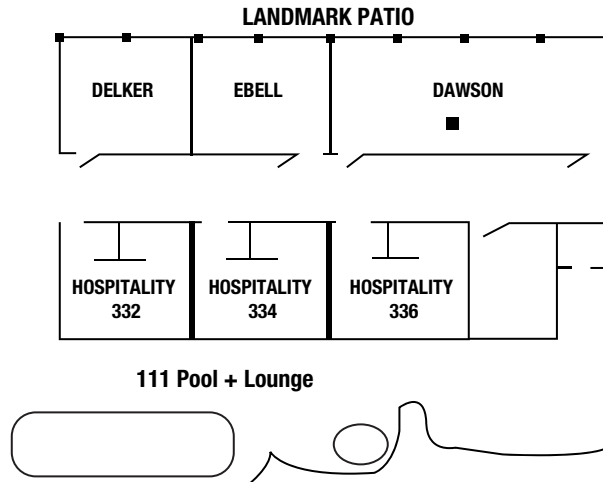
**ONSITE
PROGRAM**

APRIL 3-4, 2017

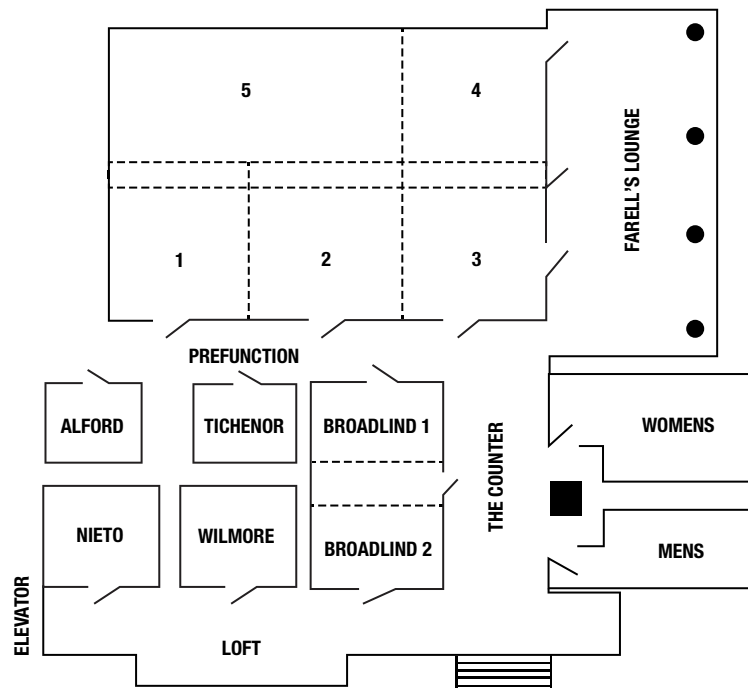
**RENAISSANCE HOTEL
111 EAST OCEAN BOULEVARD, LONG BEACH, CA 90802**

MAP

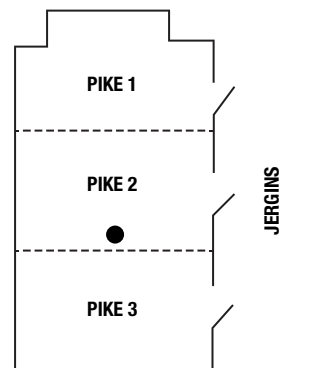
3RD FLOOR MEETING ROOMS AND HOSPITALITY SUITES



2ND FLOOR BIXBY



1ST FLOOR PIKE



The California Institute for Behavioral Health Solutions is delighted to have you here to participate and share in the Evidence-Based Practices Symposium. We are collaborating this year with the Los Angeles County Department of Mental Health to present our symposium theme of **“Outreach to Outcome: Continuum of Prevention and Early Intervention Services.”** Thank you for coming. That many of you travel long distances serves to remind us all just how important our work is.

The California Institute for Behavioral Health Solutions is committed to actively raising the quality of life for all persons suffering from behavioral health disorders in California. We want all people, regardless of race, creed or circumstance to achieve their full potential. Our task is to make it possible. Our mission is to provide practical efforts to achieve this goal.

Working with the Los Angeles County Department of Mental Health reflects the true spirit of collaboration regarding the statewide implementation of evidence-based practices. The conference will consist of high quality presentations relating to strategies that are culturally relevant, with many workshops focusing on the unique needs of the Prevention and Early Intervention (PEI) population. The Evidence-Based Practices Symposium is intended to provide a range of information dissemination, skills training and data informed research that will:

- Enhance outreach efforts, particularly to vulnerable communities
- Address disparities
- Manage more effectively the implementation of evidence based practices (EBP)
- Support sustainability of programs
- Improve evaluation
- Promote utilization of outcomes in the treatment process

We are honored to have renowned physician and researcher, **Dr. Vincent J. Felitti**, Chief of Kaiser Permanente’s Department of Preventive Medicine and one of the world’s foremost experts on childhood trauma leading the charge in research into how adverse childhood experiences affect adults. We are also honored to have researcher **Dr. Stanley Huey**, Associate Professor of Psychology and American Studies and Ethnicity with the University of Southern California, leading the way in culture-responsive treatments for ethnic minorities and psychotherapy mechanisms that lead to change. And finally, **Dr. Anthony P. Mannarino**, Director of the Center for Traumatic Stress in Children and Adolescents, leading the field of child traumatic stress since the 1980’s.

Prepare yourself to be challenged, excited and inspired.

Sincerely,



Sandra Naylor-Goodwin, MSW, PhD
President and CEO
California Institute for Behavioral Health Solutions



JONATHAN E. SHERIN, M.D., Ph.D.
Director, Los Angeles County Department of Mental Health

Welcome to the 2017 Evidence-Based Practices Symposium, *Outreach to Outcome: Continuum of Prevention and Early Intervention Services*. As the new director of the Los Angeles County Department of Mental Health (LACDMH), I am very excited to be involved and to be partnering with the California Institute for Behavioral Health Solutions (CIBHS) for this year's conference. Our Department looks forward to listening, learning, networking and sharing with all constituents as we discuss strategies for achieving our shared goals.

Our mission at DMH is to optimize the mental health, wellbeing and life trajectory of Los Angeles County's most vulnerable populations through efforts that promote both independence within, and connectedness to, the community. We prioritize populations suffering from and/or at high risk for developing serious mental conditions.

We pursue our mission with a wide range of deeply committed partners who complement and supplement our efforts, including not only fellow Los Angeles County departments but government entities at the local, state, and federal level, consumers, advocacy groups, a vast array of community-based providers, numerous academic institutions, the media, philanthropic organizations, the entertainment industry, and others in the private sector. It is only through collective efforts across the entire region that we can dismantle cultural barriers like stigma, coordinate pathways of access that are easily traversed, and embed enough quality resources in communities for those in most need to get the right help at the right time in the right place from the right people.

DMH envisions a county that through collaboration across all sectors and unified intention can provide those suffering from mental conditions with timely and easy access to the services, opportunities, environments, and amenities needed to stabilize, heal and flourish. With its PEI funding, DMH looks to aggressively target trauma as an instigator of mental illness. We plan to leverage proven practices and existing infrastructure, including the Los Angeles County Office of Education, various school districts, child welfare system and others, to intervene before pathology takes hold.

I wish you all an empowering conference and thank you for your commitment to mental health and wellbeing.

SUNDAY, APRIL 2, 2017

4:30 PM – 6:30 PM

REGISTRATION

The Counter, 2nd Floor

MONDAY, APRIL 3, 2017

7:15AM – 5:00 PM

REGISTRATION

The Counter, 2nd Floor

7:15 AM – 8:30 PM

CONTINENTAL BREAKFAST

Bixby Foyer, 2nd Floor

8:15 AM – 8:45 AM

OPENING REMARKS

Bixby, 2nd Floor

Percy Howard, III, LCSW, Vice President, Programs and Operations (CIBHS)

Jonathan E. Sherin, MD, PhD, Director, Los Angeles County Department of Mental Health

8:45 AM – 10:15 AM

KEYNOTE SPEAKER: THE ADVERSE CHILDHOOD EXPERIENCES (ACE) STUDY

Bixby, 2nd Floor

Vincent Felitti, MD, Chief, Kaiser Department of Preventative Medicine, San Diego, CA, Co-Principal Investigator, Adverse Childhood Experience (ACE) Study

The Adverse Childhood Experiences (ACE) Study documents in 17,000 middle-class Americans how ten common categories of adverse childhood experience have a powerful and proportionate relationship to adult mental health, biomedical disease burden, and social function a half-century later. These childhood experiences, now hidden by time, by shame, and by secrecy exert a powerful and unrecognized effect on our most common public health problems. Time does not heal; time conceals - at great economic and social costs.

10:15 AM – 10:30 AM

BREAK

10:30 AM – 12:00 PM SESSION ONE

Dawson, 3rd Floor

PRACTICAL APPLICATION OF AGGRESSION REPLACEMENT TRAINING®

Mark Amendola, LCSW, President, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This breakout session will have experienced and competent agency trainers that will present practical and engaging strategies for delivery of Aggression Replacement Training®.

Pike 2, 1st Floor

TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY TRACK: ENGAGING CAREGIVERS IN TF-CBT

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

Caregiver engagement is one of the most common barriers to successful TF-CBT implementation. This workshop will describe obstacles to caregiver engagement and practical strategies to effectively engage caregivers in TF-CBT. Engagement strategies will be presented for each PRACTICE component and will be applied to a case example.

MONDAY, APRIL 3, 2017 CONTINUED

10:30 AM – 12:00 PM **SESSION ONE, CONTINUED**

Tichenor, 2nd Floor **FUNCTIONAL FAMILY THERAPY: CONTINGENCY MANAGEMENT**

Julie Elmenhurst, LICSW, FFT LLC, FFT Trainer and Consultant

Introduction to Functional Family Therapy Contingency Management. Utilizing the FFT model to treat substance abuse with adolescents by involving the family. FFT CM is a relational, strength-based approach rather than an individual problem focused approach.

Pike 1, 1st Floor **FAMILY-BASED APPROACH TO PREVENT RISK AND PROMOTE WELL-BEING FOR LGBT CHILDREN & YOUTH**

Caitlin Ryan, PhD, ACSW, Director, Family Acceptance Project - SF State University

The Family Acceptance Project has developed the first evidence-based model to prevent risk and promote well-being for LGBT children and youth in the context of their families, cultures and faith communities. This session provides an overview of key research, resources and strategies to and strategies to promote wellness and permanency for LGBT youth.

Wilmore, 2nd Floor **PRIORITY ACCESS TO SERVICES AND SUPPORTS (PASS)**

Judy Webber, Ventura County Children & Family Services, Deputy Director of Children & Family Services

Kristen Slater, Beacon Health Options, Southern California State Director

Steve Hornberger, SDSU School of Social Work, Director, Social Policy Institute

The Priority Access to Services and Supports (PASS) was developed to increase the access, coordination and outcomes of behavioral health services to families involved with the child welfare system. In a six-month period, Ventura County achieved a 85% success rate for families to be referred, screened and initiate treatment within 15 days. In this session, participants will learn the specific implementation process, tools and resources utilized to achieve these goals.

Bixby 3, 2nd Floor **THE SEEKING SAFETY MODEL: NEW DEVELOPMENTS**

Lisa Najavits, PhD, Director, Treatment Innovations

Seeking Safety is an evidence-based model for trauma and/or substance abuse. This presentation will briefly describe the model and summarize new findings and clinical expansions. New developments include peer-led Seeking Safety; mobile apps; new translations; and studies on gambling disorder; military and veterans; and in combination with sertraline medication.

Delker, 3rd Floor **INTERPERSONAL PSYCHOTHERAPY (IPT): AN OVERVIEW**

Scott Stuart, MD, Director, IPT Institute, Professor of Psychiatry and Psychology, University of Iowa

Interpersonal Psychotherapy (IPT) is an Evidence-Based Psychotherapy for adults, adolescents, and children. It is efficacious for affective disorders, anxiety disorders, eating disorders, and PTSD. This presentation will review the basic elements of IPT and its application to clinical settings, including review of video demonstrations and expert discussion.

10:30 AM – 12:00 PM **SESSION ONE, CONTINUED**

Broadlind 1, 2nd Floor EVIDENCE-BASED ASSESSMENT OF TRAUMATIZED CHILDREN AND ADOLESCENTS

Alan M. Steinberg, PhD, Associate Director, UCLA/Duke University National Center for Child Traumatic Stress

This presentation will provide in-depth information about the administration, scoring, and psychometrics of several versions of the UCLA PTSD Reaction Index for DSM-5. These indices include the Child/Adolescent Self-Report, the Parent/Caregiver Report, and the UCLA PTSD Reaction Index for Children Age 6 and Younger.

Bixby 4, 2nd Floor PARENTING IN THE CONTEXT OF FAMILY ADVERSITY, DISRUPTION AND CHANGE

Matt Sanders, PhD, Professor of Clinical Psychology and Director, Parenting and Family Support Centre, Parenting and Family Support Centre

This presentation examines the role of Triple P interventions in addressing different types of family adversity and disruption. Specifically, we discuss how the Triple P system can be used to reduce some of the adverse effects of poverty on children’s development. Pathways Triple P is discussed as a strategy to reduce family violence, and Family Transition Triple P is discussed as a strategy to minimize the adverse effects of separation and divorce. Disaster Recovery Triple P is presented as a strategy for assisting families recover after wild fires, floods and other forms of natural disaster. Finally, Resilience Triple P is introduced as a group parenting program to reduce peer victimization. In each area relevant evidence, and key content and process skills are presented and discussed. The presentation will be a mix of didactic material, video demonstrations, problem based learning and Q and A.

Nieto, 2nd Floor A PRACTICE TO ADDRESS CHILD DISRUPTIVE BEHAVIOR BY PROMOTING SOCIAL, EMOTIONAL, BEHAVIORAL HEALTH & SUCCESS: IS THE EVIDENCE BASED PRACTICE THE INCREDIBLE YEARS RIGHT FOR YOUR AGENCY?

Ceth Ashen, PhD, CEO, C. Ashen Consulting

The Incredible Years Program is an Evidence Based Program aiming to promote children’s social and emotional competence and reduce challenging behavior by focusing on strengthening parenting skills and children’s prosocial behavior. This session will focus on an overview of the IY programs, goodness of fit for your agency, cost and certification protocol. The goal for this session is to help managers to determine if adding the Incredible Years to your agency EBP menu would enhance service delivery to the children and families your agency serves.

Pike 3, 1st Floor DATA ON STUCK POINTS IN COGNITIVE BEHAVIORAL THERAPY TRAINING

Lynn McFarr, PhD, Director, Clinical Lead, Cognitive Behavioral Therapy Clinic, Harbor-UCLA Medical Center

Guided discovery, agenda setting, focusing on key content, strategy, and application of CBT techniques were found to be the most common stuck points in learning CBT. Research found that experiential learning, practice sample review, and case conceptualization were perceived as being the most effective methods for training CMH clinicians.

MONDAY, APRIL 3, 2017 CONTINUED

10:30 AM – 12:00 PM **SESSION ONE, CONTINUED**

Broadlind 2, 2nd Floor **TRANSLATING 4KEEPS STUDY FINDINGS INTO ACTION:
PART 1 - IDENTIFYING STRATEGIES TO SUPPORT THERAPISTS DELIVERING
EBPS TO CHILDREN AND FAMILIES**

Ana Lau, PhD, Professor, UCLA

Lauren Bookman-Fraze, PhD, Associate Professor, UC San Diego

The target audience is therapists and clinical supervisors who have experience with PEI practices for children. This interactive session will: (1) review findings of the 4KEEPS study examining predictors of sustained use of PEI practices; (2) brainstorm strategies to translate study findings to support therapists in delivering EBPs.

FFT SITE SUPERVISOR WORKSHOP

Ebell, 3rd Floor **ADVANCED FFT SITE SUPERVISOR TRAINING: A YEAR IN REVIEW 2016**

Andrea A. Neeb, LMHC, FFT National Supervisor and Externship Director, FFT LLC

This series of sessions is for **trained FFT supervisors only**. The topics covered will range from using data in quality assurance and improvement processes with FFT teams, assessment of model fidelity and use in planning for supervision with therapists to enhance FFT model application, and enhancing FFT supervisors' competency in phased based FFT model techniques.

The FFT Site Supervisor workshops are closed workshops only for designated attendees.



VISIT THE CIBHS eBHS DEMONSTRATION ROOM

Hospitality #332, 3rd Floor

The eBHS demonstration room will allow current users of the electronic data system, eBHS, to receive further training on how to successfully navigate the system. In addition, it will give potential new users a comprehensive demonstration of the system's capabilities including review of individual client progress reports, aggregate outcomes reports and filtering options. The system developer will be available to answer technical questions related to both cyber security and system configurations. Laptop stations will be available for participants to test the system in a sand box environment.

12:00 PM – 1:00 PM **LUNCH** (included with registration)

Bixby, 2nd Floor

**ALL HANDOUTS AND RESOURCE MATERIAL
WILL ALSO BE AVAILABLE AT:**

WWW.CIBHS.ORG/CONFERENCE/EVIDENCE-BASED-PRACTICES-SYMPOSIUM-OUTREACH-OUTCOME-CONTINUUM-PREVENTION-AND-EARLY

1:00 PM – 2:15 PM

SESSION TWO

Dawson, 3rd Floor

MOVE TO LEARN, LEARN TO MOVE 1

Mark Amendola, LCSW, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.
Sarah J. Oliver, Consultant, Educational & Treatment Alternatives, Inc.

Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural or “muscle” memory.

Pike 2, 1st Floor

TRAUMA FOCUSED COGNITIVE BEHAVIORAL THERAPY TRACK: OVERCOMING AVOIDANCE IN TF-CBT

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This session will focus on understanding avoidance as a common post-traumatic stress reaction. Challenges related to avoidance during assessment and when implementing the PRACTICE components (with a focus on the Trauma Narrative) will also be explored. Strategies and interventions for overcoming avoidance among children, adolescents, caregivers, and therapists will be described. Case vignettes will be utilized to demonstrate key points.

Tichenor, 2nd Floor

FUNCTIONAL FAMILY PROBATION

Julie Elmenhurst, LICSW, FFT Trainer and Consultant, FFT LLC

Introduction to Functional Family Probation. Utilizing the FFT model in the probation system for sustainable reduction in risks. The focus is relational and strength-based rather individually problem focused. Recognizes the family collaboration as critical for lasting change.

Broadlind 2, 2nd Floor

MANAGEMENT SUPPORT OF EVIDENCE-BASED PRACTICE IMPLEMENTATION

Percy Howard, III, LCSW, Vice President, Programs and Operations (CIBHS)

An absolutely crucial element regarding the potential successful implementation of an EBP, Community Defined Practice or other Clinical or System innovation is the quality of support that implementing staff receive from managers and executive level leadership. This presentation will be concerned with how an organization prepares themselves to support practice change in this manner by focusing on organizational characteristics, skill sets and strategies which can be developed, nurtured and sustained.

Pike 1, 1st Floor

INNOVATION AND IMPROVEMENT THROUGH DATA

Pam Hawkins, Senior Associate, CIBHS
Rikke Addis, MA, Associate, CIBHS
Lori Ford, PhD, Associate, CIBHS
Steve Weatherbee, President/CEO, eCenter Research

CIBHS has developed an innovative 3-pronged approach to data collection that allows for real-time client dashboards, a sustainable implementation strategy, and training for data use to improve client outcomes. This workshop will present this data system, with roleplays and how to use data in session to improve client outcomes.

MONDAY, APRIL 3, 2017 CONTINUED

1:00 PM – 2:15 PM

SESSION TWO, CONTINUED

Wilmore, 2nd Floor

TRANSLATING 4KEEPS STUDY FINDINGS INTO ACTION: PART 2 - IDENTIFYING ORGANIZATIONAL STRATEGIES TO SUPPORT EBP IMPLEMENTATION

Ana Lau, PhD, Professor, UCLA

Lauren Bookman-Frazeo, PhD, Associate Professor, UC San Diego

The target audience for this session include program and agency leaders overseeing the implementation of child-focused PEI practices. This interactive session will include: (1) review of findings of the 4KEEPS study examining the sustainment of multiple PEI in children's mental health services; (2) identify actionable strategies based on study findings for organizational leaders and administrators to use to facilitate successful EBP Implementation.

Pike 3, 1st Floor

SUPERVISION FOR FIDELITY: NECESSARY BUT NOT SUFFICIENT

Carol A. Falender, PhD, Clinical Professor, Pepperdine University; University of California, Los Angeles

Much attention has been devoted to treatment fidelity in child evidence based treatments, an essential component of the roll-out of evidence-based practice. However, fidelity is only one aspect of clinical practice, while clinical supervision has been associated with greater staff retention and less emotional exhaustion.

Bixby 4, 2nd Floor

THE SEEKING SAFETY MODEL: NEW DEVELOPMENTS

Lisa Najavits, PhD, Director, Treatment Innovations

Seeking Safety is an evidence-based model for trauma and/or substance abuse. This presentation will briefly describe the model and summarize new findings and clinical expansions. New developments include peer-led Seeking Safety; mobile apps; new translations; and studies on gambling disorder; military and veterans; and in combination with sertraline medication.

Nieto, 2nd Floor

A PRACTICE TO ADDRESS CHILD DISRUPTIVE BEHAVIOR BY PROMOTING SOCIAL, EMOTIONAL, BEHAVIORAL HEALTH & SUCCESS: IS THE EVIDENCE BASED PRACTICE THE INCREDIBLE YEARS RIGHT FOR YOUR AGENCY?

Ceth Ashen, PhD, Clinical Psychologist, C.Ashen Consulting, CEO,

The Incredible Years Program is an Evidence Based Program aiming to promote children's social and emotional competence and reduce challenging behavior by focusing on strengthening parenting skills and children's prosocial behavior. This session will focus on an overview of the IY programs, goodness of fit for is to help managers your agency, cost and certification protocol. The goal for this session to determine if adding the Incredible Years to your agency EBP menu would enhance service delivery to the children and families your agency serves.

VISIT THE CIBHS eBHS DEMONSTRATION ROOM

Hospitality #332, 3rd Floor



The eBHS demonstration room will allow current users of the electronic data system, eBHS, to receive further training on how to successfully navigate the system. In addition, it will give potential new users a comprehensive demonstration of the system's capabilities including review of individual client progress reports, aggregate outcomes reports and filtering options. The system developer will be available to answer technical questions related to both cyber security and system configurations. Laptop stations will be available for participants to test the system in a sand box environment.

1:00 PM – 2:15 PM

SESSION TWO, CONTINUED

Bixby 3, 2nd Floor

IMPLEMENTATION OF PARENT MANAGEMENT TRAINING PROGRAMS IN PUBLIC MENTAL HEALTH

Anthony Urquiza, PhD, Professor, Director – CAARE Center, Pediatrics, UC Davis Children’s Hospital

Susan Timmer, PhD, Associate Professor, Director of Research – CAARE Center, Pediatrics, UC Davis Children’s Hospital

Matt Sanders, PhD, Professor of Clinical Psychology and Director, Parenting and Family Support Centre, Parenting and Family Support Centre

This presentation will provide information about two commonly used Parent Management Training programs - Parent-Child Interaction Therapy and Triple-P - focusing on their use with children in the child welfare system. Additional discussion will be provided about effective means for initial training of child mental health providers and sustaining fidelity.

Delker, 3rd Floor

USING THE CALIFORNIA EVIDENCE-BASED CLEARING HOUSE TO SELECT THE RIGHT EVIDENCE-BASED PRACTICE

Jared Martin, Implementation & Training Specialist, California Evidence-Based Clearinghouse/Chadwick Center for Children & Families/Rady Children’s Hospital-San Diego

This seminar will walk participants through the process of how to effectively select an EBP, including assessing their organizational needs and determining whether change and/or a new program is needed.

Broadlind 1, 2nd Floor

PROLONGED EXPOSURE WORKING WITH MILITARY POPULATIONS

Edna B. Foa, PhD, Professor of Clinical Psychology in Psychiatry; Director, Center for the Treatment and Study of Anxiety

In this workshop, I will shortly describe the components prolonged exposure therapy for post-traumatic stress symptoms. Next, I will discuss the general challenges in implementing evidence based treatments in community mental health setting and the specific challenges of implementing PE. We will conclude by discussing ways to facilitate implementation of PE in Community mental health settings. Participants are encourage to share their experiences in working in this setting.

FFT SITE SUPERVISOR WORKSHOP

Ebell, 3rd Floor

ADVANCED FFT SITE SUPERVISOR TRAINING: REVIEW OF SUPERVISION STRUCTURE

Andrea A. Neeb, LMHC, FFT National Supervisor and Externship Director, FFT LLC

This series of sessions is for **trained FFT supervisors only**. The topics covered will range from using data in quality assurance and improvement processes with FFT teams, assessment of model fidelity and use in planning for supervision with therapists to enhance FFT model application, and enhancing FFT supervisors’ competency in phased based FFT model techniques.

The FFT Site Supervisor workshops are closed workshops only for designated attendees.

2:15 PM – 2:30 PM

BREAK

MONDAY, APRIL 3, 2017 CONTINUED

2:30 PM – 3:45 PM **PLENARY SESSION - SUCCESS AND CHALLENGES IN THE DISSEMINATION OF EVIDENCE-BASED TREATMENTS** **Bixby, 2nd Floor**

Edna B. Foa, PhD, University of Pennsylvania; Director of the Center for the Treatment and Study of Anxiety

Lisa Najavits, PhD, Director, Treatment Innovations

Anthony P. Mannarino, PhD, Professor & Vice Chair, Allegheny General Hospital

This symposium will address the successes and challenges of disseminating and implementing evidence-based treatments (EBTs). Each of the three presenters will address this topic as it applies to the EBT that he/she has developed. There will be opportunities for questions from the participants/attendees.

3:45 PM – 4:00 PM **BREAK**

4:00 PM – 5:15 PM **SESSION THREE**

Dawson, 3rd Floor **MOVE TO LEARN, LEARN TO MOVE 2**

Mark Amendola, LCSW, President, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

Sarah J. Oliver, Consultant, Educational & Treatment Alternatives, Inc.

Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural or “muscle” memory.

Pike 2, 1st Floor **CULTURALLY MODIFIED TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY FOR LATINO CHILDREN AND FAMILIES**

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This workshop will focus on cultural enhancements to TF-CBT that can be used to increase its relevance for Latino children and their families. Core cultural values will be explored, and strategies for incorporating these values to the assessment and treatment process will be explained. Examples of cultural enhancements for each of the PRACTICE components will be provided. Specific resources and interventions will be explained, and case examples will be used to demonstrate key points.

Tichenor, 2nd Floor **FUNCTIONAL FAMILY THERAPY: CHILD WELFARE**

Julie Elmenhurst, LICSW, FFT LLC, FFT Trainer and Consultant

Introduction to Functional Family Therapy Child Welfare. Utilizing the core FFT model with the Child Welfare Adaptation to reduce risk in a strength-based manner with families involved in the child welfare system.

4:00 PM – 5:15 PM

SESSION THREE, CONTINUED

Pike 3, 1st Floor

THE MISSING INGREDIENT: SUPERVISION

Carol A. Falender, PhD, *Clinical Professor, Pepperdine University; University of California, Los Angeles*

With massive rollouts of evidence-based practice, several researchers have bemoaned the absence of attention to parameters of clinical supervision. In this session, we will discuss what is missing and what the components parts are that will increase accountability and implementation efficacy.

Broadlind 2, 2nd Floor

IMPLEMENTING & EVALUATING IPS SUPPORTED HOUSING

Dan Chandler, PhD, *Consultant, California Institute for Behavioral Health Solutions (CIBHS)*
Clare Montes, *Management Analyst, CalWORKs Program Administration, Los Angeles County Department of Mental Health*

Edward Armstrong, PsyD, *Individual Placement & Support (IPS) Coordinator, Supervising Psychologist, Los Angeles County Department of Mental Health*

The Individual Placement and Support (IPS) model of supported employment is strongly evidenced-based. However, its effectiveness and relevance to CalWORKs mental health participants is unknown. Since 2012, Los Angeles County has implemented the IPS model in 53 programs. The presentation focuses on providing useful information to clinicians and administrators about implementing an EBP on a large scale, about study design and methodological issues in testing the model, and on concrete outcomes using a process of triangulation.

Delker, 3rd Floor

POPULATION HEALTH AND TRIPLE P: PREVENTION THROUGH POSITIVE PARENTING

Randy Ahn, PhD, MLIS, *Implementation Consultant, Triple P America*

Globally, recognition that social determinants of health play a large role in overall population health is growing. This presentation discusses this broad framework, and encompasses all that the California Mental Health Services Act and Prevention and Early Intervention components have sought to achieve within the context of positive parenting.

Broadlind 1, 2nd Floor

IMPLEMENTATION OF PROLONGED EXPOSURE THERAPY (PE) IN COMMUNITY MENTAL HEALTH SETTING

Edna B. Foa, PhD, *Professor of Clinical Psychology in Psychiatry; Director, Center for the Treatment and Study of Anxiety*

In this workshop I will shortly describe the components prolonged exposure therapy for post-traumatic stress symptoms. Next I will discuss the general challenges in implementing evidence based treatments in community mental health setting and the specific challenges of implementing PE. We will conclude by discussing ways to facilitate implementation of PE in Community mental health settings. Participants are encourage to share their experiences in working in this setting.

MONDAY, APRIL 3, 2017 CONTINUED

4:00 PM – 5:15 PM

SESSION THREE, CONTINUED

- Bixby 4, 2nd Floor** **EVIDENCE-BASED ASSESSMENT OF TRAUMATIZED CHILDREN AND ADOLESCENTS**
Alan M. Steinberg, PhD, Associate Director, UCLA/Duke University National Center for Child Traumatic Stress
This presentation will provide in-depth information about the administration, scoring, and psychometrics of several versions of the UCLA PTSD Reaction Index for DSM-5. These indices include the Child/Adolescent Self-Report, the Parent/Caregiver Report, and the UCLA PTSD Reaction Index for Children Age six and younger.
- Bixby 3, 2nd Floor** **INTERPERSONAL PSYCHOTHERAPY (IPT): COMMUNITY IMPLEMENTATION AND CERTIFICATION PROGRAM**
Scott Stuart, MD, Director, IPT Institute, Professor of Psychiatry and Psychology, University of Iowa
Jessica Schultz, PhD, Counseling Psychologist, Associate Professor of Psychology, Augustana College
Interpersonal Psychotherapy (IPT) is an Evidence-Based Psychotherapy for adults, adolescents, and children. IPT Training and implementation has been underway in California for the last 7 years. We will review training and implementation data as well as describing and reviewing the IPT Community-Based Training and Certification Protocol.
- Pike 1, 1st Floor** **USING DATA TO IMPROVE DECISION MAKING SURROUNDING EBP IMPLEMENTATION ACROSS ORGANIZATION LEVELS**
Katherine Tsai, PhD, MPH, Director of Research and Clinical Training, Five Acres
Rachel Mc Clements, PsyD, Chief Clinical Officer, Five Acres
Tiffani Tran, LCSW, Director of Quality Assurance, Five Acres
Panelists will share how they are shifting their agency toward a culture of data-informed, evidence-based care. They will showcase dashboards that summarize outcome data at various organizational levels (e.g., client, program) and discuss how this data is used to inform decision-making surrounding EBP implementation processes to improve client outcomes.
- Nieto, 2nd Floor** **KEEPING ON TRACK FOR THE LONG RUN-MONITORING, ENSURING FIDELITY, AND SUPPORTING SUSTAINABILITY OF EBPS**
Lillian Bando, JD, MSW, District Chief – Prevention and Early Intervention Administration, Los Angeles County Department of Mental Health
Keri Pesanti, PsyD, Mental Health Clinical Program Head – Prevention and Early Intervention Administration, Los Angeles County Department of Mental Health
This workshop is designed to provide a detailed overview of the monitoring and technical assistance that has occurred with 134 providers over the past 6 years to support the implementation and sustainability of EBPs, CDEs, and Promising Practices in Los Angeles County. The focus is on monitoring strategies, program evaluation, fidelity adherence, sustainability, compliance with training protocols, collaboration with provider network, and technical assistance for administrators in supporting the use of these practices. As a result of this presentation participants will be provided a toolkit that has been utilized with Prevention and Early Intervention Programs.

4:00 PM – 5:15 PM **SESSION THREE, CONTINUED**

Wilmore, 2nd Floor CONSUMER PERCEPTION SURVEY DATA - HOW BEST TO REVIEW YOUR DATA

Rikke Addis, Associate, CIBHS

Steve Weatherbee, PhD, Founder/Owner, eCenter Research, Inc.

This workshop discusses how sites who collect consumer satisfaction data can review data to extract important themes and trends that can be used for quality improvement purposes. The workshop will include a demonstration of how a data system can be leveraged to allow program staff and administrators to “mine” the data in order to maximize the ways in which the feedback consumers provide are used to inform practice. The presenters will ask audience participants to share ways they may have successfully used satisfaction data in quality improvement efforts. In addition, a discussion of how satisfaction data differs from other type of data, such as outcomes data, will be included.

FFT SITE SUPERVISOR WORKSHOP

Ebell, 3rd Floor ADVANCED FFT SITE SUPERVISOR TRAINING: QUALITY IMPROVEMENT STEPS

Andrea A. Neeb, LMHC, FFT National Supervisor and Externship Director, FFT LLC

This series of sessions is for **trained FFT supervisors only**. The topics covered will range from using data in quality assurance and improvement processes with FFT teams, assessment of model fidelity and use in planning for supervision with therapists to enhance FFT model application, and enhancing FFT supervisors’ competency in phased based FFT model techniques.

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VISIT THE CIBHS eBHS DEMONSTRATION ROOM

Hospitality #332, 3rd Floor

The eBHS demonstration room will allow current users of the electronic data system, eBHS, to receive further training on how to successfully navigate the system. In addition, it will give potential new users a comprehensive demonstration of the system’s capabilities including review of individual client progress reports, aggregate outcomes reports and filtering options. The system developer will be available to answer technical questions related to both cyber security and system configurations. Laptop stations will be available for participants to test the system in a sand box environment.

5:30 PM – 7:00 PM

NETWORKING RECEPTION

Farell’s Lounge, 3rd Floor

TUESDAY, APRIL 4, 2017

8:00 AM – 4:00 PM **REGISTRATION** **The Counter, 2nd Floor**

8:00 AM – 9:00 PM **CONTINENTAL BREAKFAST** **Bixby Foyer, 3rd Floor**

8:45 AM – 10:15 AM **KEYNOTE SPEAKER - THE EVOLUTION OF
TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY (TF-CBT)** **Bixby, 2nd Floor**

Anthony P. Mannarino, PhD, Professor & Vice Chair, Allegheny General Hospital

This presentation will focus on the development and evolution of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) including the research supporting its efficacy, different dissemination strategies and its application to a variety of populations of youth who have been exposed to traumatic life events.

10:15 AM – 10:30 AM **BREAK**

10:30 AM – 12:00 PM **SESSION FOUR**

Dawson, 3rd Floor

MORAL REASONING EXPANDING BENIGN CONFRONTATION AND DEVELOPING EMPATHY

***Mark Amendola, LCSW, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.***

In this workshop the participant will be able to identify the theory and stages of moral development. They will examine benign confrontation. Developing empathy, is the ability to put oneself in another's shoes and understand what someone may be thinking and feeling, will be a tool utilized by participants.

Bixby 4, 2nd Floor

THE APPLICATION OF TF-CBT TO YOUTH WHO PRESENT WITH COMPLEX TRAUMA

Anthony P. Mannarino, PhD, Professor & Vice Chair, Allegheny General Hospital

This presentation will address the application of TF-CBT to youth who present with complex trauma and how this differs from the usual implementation of TF-CBT with traumatized youth and their families.

Pike 2, 1st Floor

PREVENTING ONSET OF FIRST EPISODE PSYCHOSIS: THE CALIFORNIA EXPERIENCE

***William McFarlane, MD, Professor of Psychiatry, Tufts University School of Medicine,
Maine Medical Center Research Institute***

Since 2007, 6 counties in California have adopted the Psychosis Identification and Early Intervention (PIER) model, from Portland, Maine, in the effort to avert first-episode psychosis (FEP) in adolescents and young adults. Another 5 counties in the Bay area have adopted a model that combines PIER and cognitive-behavioral therapy for psychosis (CBT-P). This talk will describe methods for training, community education and intervention to prevent the onset of FEP and the disabilities that follow. Outcome data for the 6 PIER counties will be presented, as will a new training protocol for the combined PIER-CBT-P model currently in use in the Bay area and in Portland. The experience in California suggests that statewide, and perhaps nationwide, prevention of FEP is feasible and effective, given adequate resources and effort.

Bixby 3, 2nd Floor

TRIPLE P SYSTEM OF EVIDENCE-BASED PARENTING SUPPORT

Professor Matt Sanders, PhD, Professor of Clinical Psychology and Director, Parenting and Family Support Centre

This presentation provides an overview of the Triple P system of evidence-based parenting support. This model blends universal and targeted interventions to create a tiered, multilevel system of parenting interventions for children from infancy through to adolescence. Based on social learning theory, self-regulation concepts and principles of population health the programs applicability has extended beyond applications to conduct problems to include a range of internalizing problems such as anxiety, peer victimization. This presentation will provide a snapshot of latest findings, new programs, low intensity interventions and a focus on key learnings from large scale implementation of the multilevel system. Organizational drivers of implementation success (including mentoring, peer support and supervision) and challenges relating to engagement of the most vulnerable families are discussed. Recent work focusing on mobilizing community processes and collective efficacy that support competent parenting is highlighted and practical strategies that blend culturally informed values, and principles and techniques of positive parenting are discussed. The applicability of Triple P in the context of trauma is highlighted.

Broadlind 1, 2nd Floor

THE SEEKING SAFETY MODEL: STRATEGIES FOR ENGAGEMENT

Lisa Najavits, PhD, Director, Treatment Innovations

Seeking Safety is an evidence-based model for trauma and/or substance abuse. We will focus on strategies for engagement, including: making it fun, art activities; and adapting for diversity. Emphasis will be on staying true to the model (fidelity) and keep a therapeutic focus while also capitalizing on Seeking Safety's flexibility.

Delker, 3rd Floor

OUTCOMES AND EFFECTIVE SUPERVISION IN EVIDENCE-BASED PRACTICE

Carol A. Falender, PhD, Clinical Professor, Pepperdine University; University of California, Los Angeles

Use of outcome measures in EBPs is essential, and these are effective tools to enhance supervision which in turn enhances client outcomes. Strategies and processes for implementation of outcome measures in supervision and data on efficacy will be provided.

Pike 3, 1st Floor

THE SCIENCE OF IMPLEMENTATION

Pam Hawkins, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

This workshop will discuss the California Institute for Behavioral Health Solutions (CIBHS) Community Development Team (CDT) Model. The CDT is an innovative multifaceted intervention to promote the sustainable and model adherent use of evidence-based practices to improve the outcomes for child and adult consumers. It is a pragmatic strategy to bridge the gap between science and usual-care practice to hasten the availability of evidence-based practices in a public mental health service system. The CIBHS CDT Model is currently involved in the proactive dissemination and implementation of numerous evidence-based practices offered through CIBHS.

TUESDAY, APRIL 4, 2017 CONTINUED

10:30 AM – 12:00 PM **SESSION FOUR, CONTINUED**

Broadlind 2, 2nd Floor **DEVELOPING COMMUNITY-DEFINED EVIDENCE PRACTICES
IN LOS ANGELES COUNTY**

*Lillian Bando, JD, MSW, District Chief – Prevention and Early Intervention Administration,
Los Angeles County Department of Mental Health*

Lynn Marsenich, Consultant, Western Implementation Research and Evaluation

A key innovation in L. A. County Dept. of Mental Health's planning process was the certification of 23 community programs as Community-Defined Evidence practices for inclusion in the PEI Plan. CDEs are local practices that serve the diverse racial/ethnic minority populations as well as other underserved and unserved population. This workshop will focus on how to transform and support programs to become CDEs: key components that determine a community service as a CDE (data collection, training, types of services); process to become a qualified CDE; benefits to having a service qualified as a CDE; and replication.

Nieto, 2nd Floor **ENHANCE YOUR SERVICE IMPACT: THE PARENT AND CAREGIVER ACTIVE
PARTICIPATION TOOLKIT**

*Rachel Haine-Schlagel, PhD, Assistant Professor/Research Scientist, San Diego State
University/Child & Adolescent Services Research Center (CASRC)*

This presentation will provide clinicians with exposure to a toolkit with promising evidence of effectiveness to enhance parents' participation in their children's mental health treatment, the Parent and Caregiver Active Participation Toolkit or PACT.

Tichenor, 2nd Floor **GUIDED DISCOVERY/SOCRATIC QUESTIONING**

*Lynn McFarr, PhD, Director, Clinical Lead, Cognitive Behavioral Therapy Clinic, Harbor-
UCLA Medical Center*

One of the most challenging CBT skills to learn is compassionately and artfully guiding a client to take a more balanced or helpful perspective. This workshop will focus on demystifying the process of guided discovery and presenting a practical framework for implementation of Socratic strategies.

Wilmore, 2nd Floor **TOOLS TO SUPPORT & EVALUATE EVIDENCE-BASED PRACTICE
PREVENTION & EARLY INTERVENTION**

*Andrew Sarkin, PhD, Director of Evaluation Research, Health Services Research Center,
UC San Diego*

Edith Wilson, PhD, Research Associate, Health Services Research Center, UC San Diego

*Frances Reyes, MA, Program Evaluation Specialist, Health Services Research Center,
UC San Diego*

This session will provide participants with an overview of new PEI-specific tools for program evaluation in light of new MHSA regulations, skills training in tracking referrals from evidence-based PEI programs, and an introduction to a validated measure for mental health screening in PEI programs that measures outcomes of evidence-based services.

10:30 AM – 12:00 PM **SESSION FOUR, CONTINUED**

Pike 1, 1st Floor

THE STRENGTHS MODEL: A RECOVERY ORIENTED APPROACH TO BEHAVIORAL HEALTH SERVICES

Rick Goscha, PhD, MSW, Associate Director, CIBHS
Matthew Blankers, LMSW, Associate, CIBHS

The Strengths Model has a solid research base demonstrating improved outcomes in the areas of decreased hospitalization, competitive employment, post-secondary education, independent living, and other quality of life indicators. Participants will be introduced to the principles, tools, and methods of the Model, which are designed to help people achieve goals that will bring meaning, purpose, and a positive sense of self-identity to their lives

FFT SITE SUPERVISOR WORKSHOP

Ebell, 3rd Floor

ADVANCED FFT SITE SUPERVISOR TRAINING: FFT CLINICAL MODEL REVIEW - ENGAGEMENT PHASE

Andrea A. Neeb, LMHC, FFT National Supervisor and Externship Director, FFT LLC

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12:00 PM – 12:50 PM

LUNCH SESSION (Included with registration)

Bixby, 2nd Floor

1:00PM - 1:45 PM

EVIDENCE-BASED TREATMENT & CLIENT DIVERSITY: WHAT WE KNOW & WHY IT MATTERS

Bixby, 2nd Floor

Dr. Stan Huey, PhD, Associate Professor of Psychology and American Studies & Ethnicity, University of Southern, CA

This talk will provide an overview of the research on evidence-based treatment (EBT) for diverse populations, with a particular focus on ethnic minorities and the role of "cultural responsiveness." Broad guidelines for providing efficacious treatments to diverse populations will be presented.

1:45 PM – 2:00 PM

BREAK

TUESDAY, APRIL 4, 2017 CONTINUED

2:00 PM – 3:30 PM

SESSION FIVE

Dawson, 3rd Floor

AGENCY TRAINERS

Mark Amendola, LCSW, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.

This workshop will review components of the clinical training in Aggression Replacement Training®.

Pike 2, 1st Floor

TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY FOR CHILDREN AND YOUTH IN THE CHILD WELFARE SYSTEM

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This session will highlight challenges related to implementing TF-CBT with children and youth in the child welfare system, including complex trauma, court involvement, changes in placement, and engaging substitute care providers. Strategies for overcoming these challenges will be provided and discussed. Case examples will be used to illustrate successful TF-CBT implementation with this population.

Pike 1, 1st Floor

COUNTY WIDE IMPLEMENTATION

Bill Carter, LCSW, Mental Health Director, Napa County Health & Human Services, Mental Health Division

Adriana Navarro, LCSW, Supervisory MH Counselor, Children's Full Services Partnership, Napa County Health & Human Services, Mental Health Division

Mr. Carter, one of the founding members of the California Institute for Mental Health (now CIBHS) team that initiated a statewide implementation of evidence based practices in California, is now the Napa County Mental Health Director, where he promotes the adoption of EBP's. He will share perspectives regard EBP implementation from these two very different positions. Mrs. Navarro is the supervisor of the Napa County Mental Health Division's Children's Full-Service Partnership Program. The Napa CFSP was established as a "whatever it takes" intensive program for high needs children, youth and their families. Five years ago, this program incorporated Functional Family Therapy (FFT). Mrs. Navarro will outline the program's integration of this EBP, and its impact upon service provision and outcomes for the clients it serves, the majority of whom are Latino.

Wilmore, 2nd Floor

EVIDENCE-BASED ASSESSMENT OF TRAUMATIZED CHILDREN AND ADOLESCENTS

Alan M. Steinberg, PhD, Associate Director, UCLA/Duke University National Center for Child Traumatic Stress

This presentation will provide in-depth information about the administration, scoring, and psychometrics of several versions of the UCLA PTSD Reaction Index for DSM-5. These indices include the Child/Adolescent Self-Report, the Parent/Caregiver Report, and the UCLA PTSD Reaction Index for Children Age six and younger.

2:00 PM – 3:30 PM

SESSION FIVE, CONTINUED

Broadlind 1, 2nd Floor THE SEEKING SAFETY MODEL: STRATEGIES FOR ENGAGEMENT

Lisa Najavits, PhD, Director, Treatment Innovations

Seeking Safety is an evidence-based model for trauma and/or substance abuse. We will focus on strategies for engagement, including making it fun, art activities, and adapting for diversity. Emphasis will be on staying true to the model (fidelity) and keep a therapeutic focus while also capitalizing on Seeking Safety's flexibility.

Nieto, 2nd Floor STRATEGIES FOR ESTABLISHING OUTCOME COLLECTION PROTOCOLS: LA COUNTY'S APPROACH TO PEI

Kara Taguchi, PsyD, Mental Health Clinical Program Head, Los Angeles County Department of Mental Health

Alejandro Silva, PsyD, Supervising Psychologist, Los Angeles County Department of Mental Health

This workshop will focus on steps needed to develop a protocol for collecting outcome data for a mental health program. Strategies for selecting outcome tools, designing a training protocol, provider supports, conceptualizing reports, and developing a communication process will be presented.

Bixby 4, 2nd Floor CHILD STEPS IN CALIFORNIA: A RANDOMIZED TRIAL OF A MODULAR TREATMENT FOR ANXIETY, DEPRESSION, TRAUMA, AND CONDUCT PROBLEMS

Bruce F. Chorpita, PhD, Professor, UCLA Department of Psychology, President, Practice Wise, LLC

This talk will present results from the recent Child STEPs randomized trial, which tested a single treatment system against all other treatments in the Los Angeles County DMH PEI service array. Detailed results will be presented on clinical, functional, service use, medication, and engagement outcomes.

Pike 3, 1st Floor BUILDING AND SUSTAINING A SUCCESSFUL PCIT PROGRAM

Anthony Urquiza, PhD, Professor, Director – CAARE Center, Pediatrics, UC Davis Children's Hospital

There has been a collaborative effort to train child mental health agencies throughout LA County. Although successful, this training effort requires continued knowledge on supporting program development, engaging parents, and sustaining programs over time. This presentation will include several PCIT leaders who will address these three issues.

TUESDAY, APRIL 4, 2017 CONTINUED

2:00 PM – 3:30 PM

SESSION FIVE, CONTINUED

- Tichenor, 2nd Floor** **HOW TO USE CASE CONCEPTUALIZATIONS TO TARGET COMPLEX PRESENTATIONS AND PROBLEMATIC IN-SESSION BEHAVIOR**
Lynn McFarr, PhD, Director, Clinical Lead, Cognitive Behavioral Therapy Clinic, Harbor-UCLA Medical Center
- A strength of CBT is its explicit use of formulations to explain how symptoms are maintained and to guide interventions. This workshop offers practical strategies that therapists can use to identify mechanisms, develop a case formulation, design a treatment plan based on the formulation, and intervene to target specific mechanisms.
- Bixby 3, 2nd Floor** **TRIPLE P SYSTEM OF EVIDENCE-BASED PARENTING SUPPORT**
Matt Sanders, PhD, Professor of Clinical Psychology and Director, Parenting and Family Support Centre
- This presentation provides an overview of the Triple P system of evidence-based parenting support. This model blends universal and targeted interventions to create a tiered, multilevel system of parenting interventions for children from infancy through to adolescence. Based on social learning theory, self-regulation concepts and principles of population health, the programs applicability has extended beyond applications to conduct problems to include a range of internalizing problems such as anxiety, peer victimization. This presentation will provide a snapshot of latest findings, new programs, low intensity interventions and a focus on key learnings from large scale implementation of the multilevel system. Organizational drivers of implementation success (including mentoring, peer support and supervision) and challenges relating to engagement of the most vulnerable families are discussed. Recent work focusing on mobilizing community processes and collective efficacy that support competent parenting is highlighted and practical strategies that blend culturally informed values, and principles and techniques of positive parenting are discussed. The applicability of Triple P in the context of trauma is highlighted.
- Broadlin 2, 2nd Floor** **ENHANCE YOUR SERVICE IMPACT: THE PARENT AND CAREGIVER ACTIVE PARTICIPATION TOOLKIT**
Rachel Haine-Schlagel, PhD, Assistant Professor/Research Scientist, San Diego State University/Child & Adolescent Services Research Center (CASRC)
- This presentation will provide clinicians with exposure to a toolkit with promising evidence of effectiveness to enhance parents' participation in their children's mental health treatment, the Parent and Caregiver Active Participation Toolkit or PACT.

2:00 PM – 3:30 PM

SESSION FIVE, CONTINUED

Delker, 3rd Floor

FACTORS AFFECTING IMPLEMENTATION STAFF LEVEL IMPACTS OF BEST PRACTICE

Casey Meinster, MA, LMFT, Director of Evidence-Based Practice, Hathaway-Sycamores Child and Family Services

Andrea Letamendi, PhD, LCP, Director of Clinical Training, Hathaway-Sycamores Child and Family Services

Amanda Gentz

Rocele Estanislao, MA, Assistant Director of Evaluation and Research, Hathaway-Sycamores Child and Family Services

Hathaway-Sycamores was involved in the statewide implementation of EBPs. Given the implementation barriers present, one strategy to efficiently insure sustainability of EBPs was to examine staff-level outcomes relevant to trainings. The research focused on provider knowledge retention following training, as well as their ability to increase compassion satisfaction and reduce burnout.

FFT SITE SUPERVISOR WORKSHOP

Ebell, 3rd Floor

ADVANCED FFT SITE SUPERVISOR TRAINING: FFT CLINICAL MODEL REVIEW - MOTIVATION PHASE

Andrea A. Neeb, LMHC, FFT National Supervisor and Externship Director, FFT LLC

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3:30 PM – 3:45 PM

BREAK

TUESDAY, APRIL 4, 2017 CONTINUED

3:45 PM – 5:00 PM

SESSION SIX

- Dawson, 3rd Floor** **THE PREPARED ADULT UTILIZING AGGRESSION REPLACEMENT TRAINING®**
Mark Amendola, LCSW, President, Educational & Treatment Alternatives, Inc.
Robert Oliver, EdD, Vice President, Educational & Treatment Alternatives, Inc.
- This workshop will review the components of the Prepared Adult. Implementation concerns will be addressed for utilization of an adult population. Videos will be reviewed showing actual sessions of each component.
- Pike 2, 1st Floor** **PSYCHOLOGICAL HAZMAT SUITS FOR TRAUMA THERAPISTS**
Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego
- The work of a trauma therapist involves exposure to the traumatic experiences, stories, and reactions of the individuals whom we serve, often on a daily basis. Therapists are often instructed to elicit detailed trauma accounts from children as part of the healing process, exposing them to Secondary Traumatic Stress (STS). There has been a growing body of research documenting the potential negative impacts of trauma exposure on professionals, but very little clear evidence of strategies that work to protect us from the toxic effects of trauma. Although Secondary Traumatic Stress may not be completely preventable, there may be protective factors and early intervention strategies that can mitigate the negative impact of trauma exposure and enhance resilience in providers. This workshop will explore potential protective factors as well as suggesting strategies that therapists, supervisors, and agency administrators can use prior to and throughout trauma exposure to enhance resilience.
- Broadlind 2, 2nd Floor** **INTERPERSONAL PSYCHOTHERAPY (IPT): IPT FOR GROUPS**
Scott Stuart, MD, Director, IPT Institute, Professor of Psychiatry and Psychology, University of Iowa
Jessica Schultz, PhD, Counseling Psychologist, Associate Professor of Psychology, Augustana College
- Interpersonal Psychotherapy (IPT) is an Evidence-Based Psychotherapy for adults, adolescents, and children. IPT Training and implementation has been underway in California for the last 7 years. We will review the use of IPT for Groups including review of expert video and participant discussion. Implementation of IPT for Groups will also be discussed.
- Bixby 4, 2nd Floor** **BETTER BY DESIGN: TREATMENT ARCHITECTURE TO EXPECT THE UNEXPECTED**
Bruce F. Chorpita, PhD, Professor, UCLA Department of Psychology, President, Practice Wise, LLC
- This presentation will outline treatment design principles to improve performance in the face of complexity. Topics include how a structured treatment can be sequenced to maximize fit with youth and family needs and how to handle common obstacles such as poor treatment engagement, emergent life events, and comorbidity.
- Broadlind 1, 2nd Floor** **A PRACTICE TO ADDRESS CHILD DISRUPTIVE BEHAVIOR BY PROMOTING SOCIAL, EMOTIONAL, BEHAVIORAL HEALTH & SUCCESS: IS THE EVIDENCE BASED PRACTICE THE INCREDIBLE YEARS RIGHT FOR YOUR AGENCY?**
Ceth Ashen, PhD, Clinical Psychologist, C.Ashen Consulting, CEO,
- The Incredible Years Program is an Evidence Based Program aiming to promote children's social and emotional competence and reduce challenging behavior by focusing on strengthening parenting skills and children's prosocial behavior. This session will focus on an overview of the IY programs, how it will help managers in your agency, cost and certification protocol. The goal for this session to determine if adding the Incredible Years to your agency EBP menu would enhance service delivery to the children and families your agency serves.

3:45 PM – 5:00 PM

SESSION SIX, CONTINUED

Bixby 3, 2nd Floor

MOTIVATIONAL INTERVIEWING FOR PEER SPECIALISTS: USING THIS EBP TO PROMOTE THE POWER OF PROVIDER LIVED EXPERIENCE

Kristin Dempsey, Senior Associate, California Institute for Behavioral Health Solutions (CIBHS)

This presentation will discuss the presenter’s experience providing Motivational Interviewing training to peer providers throughout California working in behavioral health and integrated care settings. She will share her experiences in teaching MI using the peer process of bi-directional learning and teaching, which has allowed her to develop insight into the most relevant application of MI for peer specialists. Participants will learn how to strategically use Motivational Interviewing for peer providers that honor and promote the benefits of lived experience.

Pike 1, 1st Floor

MAXIMIZING SEEKING SAFETY OUTCOMES WITH MONOLINGUAL SPANISH SPEAKING OLDER ADULTS IN LOS ANGELES COUNTY

Shivani Patel Escamilla, PsyD, MHA, Clinical Director, Telecare Los Angeles Older Adults PEI Program

Seeking Safety (Najavits, 2002) is a manualized therapy program designed to treat people with significant trauma and anxiety related symptoms. This presentation aims to share ideas about how best to customize and adapt Seeking Safety for work with monolingual older adults, who have extensive trauma histories and limited reading and writing skills, while also achieving positive outcomes and fidelity to the model.

Pike 3, 1st Floor

REFLECTIONS ON FIVE YEARS OF EBP DATA

George Eckhart, PhD, Clinical Psychologist II, Los Angeles County Department of Mental Health

Alejandro E. Silva, PsyD, Supervising Psychologist, Los Angeles County Department of Mental Health

Since 2011, LA County Department of Mental Health, has collected outcome data using more than 20 different outcome tools for 33 EBPs implemented under MHSA PEI. Emphasis will be on sharing findings and approaches to analyzing data to make more informed decisions and evaluate program effectiveness.

Wilmore, 2nd Floor

ADAPTING FAMILY CONNECTIONS IN LA: CO-CREATION BY THE DEVELOPER AND COMMUNITY

Diane DePanfilis, PhD, MSW, Professor, Developer of Family Connections, Silberman School of Social Work at Hunter College, City University of New York

Sheila Tsai Wu, PhD, MA, Assistant Director, Asian Pacific Counseling and Treatment Centers/Special Service for Groups

This session will outline the phases of adaptation and replication of Family Connections in Los Angeles through collaboration between the developer and a non-profit health and human service organization dedicated to building and sustaining community-based programs that address the needs of vulnerable communities. Prevention and implementation science guided the work.

TUESDAY, APRIL 4, 2017 CONTINUED

3:45 PM – 5:00 PM

SESSION SIX, CONTINUED

Delker, 3rd Floor

THE CALIFORNIA STATEWIDE PREVENTION AND EARLY INTERVENTION PROJECT - PROMISING PRACTICES SUPPORTING STATEWIDE MENTAL HEALTH PROMOTION AND MENTAL ILLNESS PREVENTION

Ann Collentine, MPAA, Program Director, California Mental Health Services Authority

Theresa Ly, MPH, Program Manager, California Mental Health Services Authority

This presentation will describe the California Statewide Prevention and Early Intervention Project, as well as the specific evaluations of stigma reduction and suicide prevention programs implemented under the Project. In addition, the presentation will describe outcomes to date of the Project, including its future trajectory.

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THANK YOU TO OUR EXHIBITORS



EVIDENCE-BASED PRACTICES SYMPOSIUM PLANNING COMMITTEE

CIBHS PLANNING COMMITTEE MEMBERS

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Vice President, Programs and Operations, CIBHS

Rick Gosha, PhD, MSW
Associate Director, CIBHS

Pam Hawkins
Senior Associate, CIBHS

Lori Ford, PhD, MFT
Associate, CIBHS

Kelly Bitz
Project Coordinator, CIBHS

Khani Gustafson, MSW
Senior Associate, CIBHS

Kristin Dempsey, LMFT, LPCC
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Sermed Alkass, PsyD
Transitional Age Youth System of Care

William Arroyo, MD
Regional Medical Director/Medical Director
of Children's System of Care

Allegra Klacsman, PhD
Children's System of Care

Amber Cardenas, LCSW
Children's System of Care



WELLNESS • RECOVERY • RESILIENCE

THANK YOU

